Programma Nazionale di Ricerche in Antartide (PNRA)

**Final project report**

**Project ID** 2002/1.10  
**Title** The psychosocial adjustment in a isolated, confined and multicultural group during a summer Antarctic campaign.  
**Principal investigator** Antonio Peri  
**Institution** Consortium for the Antarctic Programme  
**Email** aperi@hotmail.it  
**Duration** 2 years  
**Assigned funding** 17,760.00 Euro

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**Activities and results**

The psychological questionnaires to be administered in the research project (*COPE, PANAS, Self Assessment of Personal Parameters, Self Evaluation of Adjustment and Maladjustment, Self Evaluation of Thinking Styles, test *ITER*) during the summer campaign to the expeditioners at Dome C camp by the expedition medical doctor, that were received in Italy, were very few, many of them incomplete, not correctly filled in. The statistical processing of the very few valid cases showed possible but not significant relationships between the cognitive, emotional and cultural variables. The coping strategies previously observed in the adjustment process were confirmed as well as the emotional stability during the campaign.

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**Products**

A – papers in scientific magazines  
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B – book chapters  
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C – proceedings of international conferences  
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D – proceedings of national meetings and conferences  
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E – thematic maps  
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F – patents, prototypes and data bases  
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G – exhibits, organization of conferences, editing and similar  
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H - formation (PhD thesis, research fellowships, etc.)  
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**Research units**
Date:

Notes